

Iek. Anna Maria Kalenik

**Ocena wpływu pandemii COVID-19
na zdrowie psychiczne dzieci i młodzieży
z zaburzeniami psychicznymi**

**Rozprawa na stopień doktora nauk medycznych i nauk o zdrowiu
w dyscyplinie nauki medyczne**

Promotor: prof. dr hab. n. med. Tomasz Wolańczyk

Klinika Psychiatrii Wieku Rozwojowego
Warszawskiego Uniwersytetu Medycznego



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Summary

Title: "Assessment of the impact of the COVID-19 pandemic on the mental health of children and adolescents with mental disorders"

Mental disorders predispose to a greater susceptibility to the negative effects of additional external stressors, which undoubtedly include the COVID-19 pandemic. Children and adolescents with previous mental disorders may be a group particularly sensitive to these effects.

This thesis presents the development of the Polish adaptation of the FCV-19S scale, assessing the level of anxiety associated with the SARS-CoV-2, its examined psychometric properties among the population of children and adolescents, and a conducted subsequent study on the impact of the COVID-19 pandemic on the mental health of children and adolescents with previous mental disorders.

It has been shown that the Polish version of the FCV-19S scale has good psychometric properties and can be successfully used with children and adolescents. The most severe depressive symptoms and the highest level of anxiety as a state were experienced by children and adolescents who had received psychiatric diagnoses prior to the outbreak of the pandemic. In turn, the strongest fear related to the coronavirus concerned children from orphanages (children's homes) without psychiatric diagnoses. The protective factors reducing the fear of COVID-19 were parental care focused on school education support and the work of parents/guardians without close contact (less than 2 meters) with other people.